Someday, not now

ISAK VIDINGHOFF

Week of _____ Time I can spare each day: _____ Days off: _____ days

For each waiting task, choose one. Ten minutes now, a slot in the calendar, or the someday list. A task in the calendar has a time. A task on the someday list can wait.

☐ Calendar open beside the sheet ☐ Timer set for ten minutes

	Waiting task	Schedule: day and time in the calendar	Do: ten minutes done	Someday
1			☐	☐
2			☐	☐
3			☐	☐
4			☐	☐
5			☐	☐
6			☐	☐

The frog: the hardest, most important task. Do it first.

Waiting on purpose: what task, and what is the reason?

Ten-minute starts: tick the row number each time a task got ten minutes

Round 1 ☐☐☐☐☐☐ Round 2 ☐☐☐☐☐☐

The one waiting task to give ten minutes this week:

The ideas on these pages come from Isak Vidinghoff's free book, After the Crash (chapter 7). Print a fresh copy at isakvidinghoff.com/printables/someday-not-now/

Someday and maybe

ISAK VIDINGHOFF

Things you might want to do, but need not worry about now. Keep them here, off the main list.

- [ ] Copy each Someday task from page one into the box below
- [ ] Look at the list once a week
- [ ] Cross out what no longer matters
- [ ] Move one task back to page one only when it is ready for ten minutes or a calendar slot

Someday and maybe list

A week when nothing moved: reset

Progress, not perfection. Start again with one task and ten minutes.	Is the task waiting for a good reason, such as a day or two for a clearer idea, or because it feels uncomfortable?	Does the task still matter? If not, it can go on the someday list.

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